



12 September 2024

## MEMBER BENEFIT

### Wellness Programme: Health and Wellness in Traditional Chinese Medicine Wednesday, 25 September 2024

1. Fall is just around the corner! The weather will get cooler with seasonal changes, a strong immune system is essential for staying healthy during this time. The Member Benefit Committee ("MBC") is organising a wellness workshop designed to provide participants with Chinese Medicine wellness tips, seasonal food recipes and simple self-acupressure techniques for daily use, sharing tips of staying healthy in fall.
2. Details of the seminar are as follows:  

<b>Date:</b>	Wednesday, 25 September 2024
<b>Time:</b>	1 pm to 2 pm
<b>Venue:</b>	Law Society Function Room 3/F, Wing On House, 71 Des Voeux Road Central, Hong Kong
<b>Speaker:</b>	<b>Miss Lo Ka Ying, Chinese Medicine Practitioners</b> (Please click <a href="#">here</a> for the speaker's profile.)
<b>Fee:</b>	Free of charge
<b>Language:</b>	Cantonese
<b>Capacity:</b>	50 members
<b>Remarks:</b>	Light Refreshments will be served.
3. Registration is essential to book your place and seats will be allocated on a first-come, first-served basis. For those members who are interested in joining the seminar, please complete the [online registration form](#) by **Thursday, 19 September 2024**.
4. Successful registrants will be confirmed by email. If your registration has been accepted but you are unable to attend subsequently, please notify us promptly to allow another person on the wait list to attend.
5. The event may be photographed and/or videotaped for the Law Society's records and promotion of future events. By participating in this event, you and your accompanying person(s) (where applicable) consent to be photographed and videotaped, and give permission to the Law Society to use your images for internal records, educational and marketing purposes, and in promotional materials including but not limited to the Law Society's website, Law Society's weekly Circulars, Annual Report, Hong Kong Lawyer and social media platforms e.g. the Law Society mobile App, event-related Facebook and Instagram.
6. If you have any enquiries, please contact Ms Jenny Choi of the Member Services Department on [jenny.choi@hklawsoc.org.hk](mailto:jenny.choi@hklawsoc.org.hk) or 2846 8804.



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7. The Law Society reserves the full right to change the contents, speaker(s), and arrangement of or otherwise cancel the event e.g. if it is undersubscribed.