



18 January 2024

RECREATION & SPORTS PRACTICE & CLASS TIMETABLE

The timetable below provides the practice and class schedules of the sports teams and recreational interest groups of the Recreation and Sports Committee (“RSC”) in the coming few weeks. The schedules are subject to changes, and the venues may have capacity limits. The teams/groups reserve the right to alter any arrangements, or otherwise cancel any sessions without prior notice when circumstances dictate.

Participants may be required to bring their own equipment e.g. rackets, to the practice sessions and classes, and are advised to check with relevant teams/groups on arrangements and requirements.

Apart from the following practice sessions and classes, the RSC also offers a wide range of activities, including friendly matches, external competitions, leisure activities, and many more. Please click [here](#) to view the full calendar for all RSC activities. Members are also welcome to subscribe to the calendar by completing this [online form](#). For enquiries, please contact RnS@hklawsoc.org.hk.

Basketball		
Practice (Please register with the team/group before attending the practice session(s))		
Mon 5 Feb 24	8 pm – 10 pm	St. James’ Settlement Jockey Club Social Services Building (Kennedy Road Building) 14/F, 112 Kennedy Road, Wan Chai, Hong Kong
Wed 28 Feb 24	8 pm – 10 pm	St. James’ Settlement Jockey Club Social Services Building (Kennedy Road Building)

Football		
Practice (Please register with the team/group before attending the practice session(s))		
Tue 23 Jan 24	7:45 pm – 9 pm	Football Pitch, King George V School 2 Tin Kwong Road, Homantin, Kowloon, Hong Kong
Tue 30 Jan 24	7:45 pm – 9 pm	Football Pitch, King George V School

Martial Arts		
Practice (Please register with the team/group before attending the practice session(s))		
Wed 24 Jan 24	8 pm – 10 pm	Taikoo Shing
Wed 31 Jan 24	8 pm – 10 pm	Taikoo Shing
Wed 21 Feb 24	8 pm – 10 pm	Taikoo Shing
Wed 28 Feb 24	8 pm – 10 pm	Taikoo Shing

Running		
Class (Registration is closed for the following class session(s))		
Mon 22 Jan 24	7:30 pm – 9 pm	Central Waterfront Promenade
Mon 29 Jan 24	7:30 pm – 9 pm	Central Waterfront Promenade
Mon 5 Feb 24	7:30 pm – 9 pm	Central Waterfront Promenade
Mon 19 Feb 24	7:30 pm – 9 pm	Central Waterfront Promenade
Mon 26 Feb 24	7:30 pm – 9 pm	Central Waterfront Promenade

Snooker		
Practice (Please register with the team/group before attending the practice session(s))		
Wed 24 Jan 24	7:30 pm – 10:30 pm	World Snooker 147 1st Floor, Midland Plaza, 328 Queen's Road Central, Hong Kong
Wed 31 Jan 24	7:30 pm – 10:30 pm	World Snooker 147
Wed 7 Feb 24	7:30 pm – 10:30 pm	World Snooker 147
Wed 14 Feb 24	7:30 pm – 10:30 pm	World Snooker 147
Wed 21 Feb 24	7:30 pm – 10:30 pm	World Snooker 147
Wed 28 Feb 24	7:30 pm – 10:30 pm	World Snooker 147

Table Tennis		
Class (Registration is closed for the following class session(s))		
Thu 18 Jan 24	8 pm – 10 pm	Hong Kong Park Sports Centre 29 Cotton Tree Drive, Central
Thu 25 Jan 24	8 pm – 10 pm	Hong Kong Park Sports Centre
Thu 1 Feb 24	8 pm – 10 pm	Hong Kong Park Sports Centre
Thu 8 Feb 24	8 pm – 10 pm	Hong Kong Park Sports Centre
Thu 15 Feb 24	8 pm – 10 pm	Hong Kong Park Sports Centre
Thu 22 Feb 24	8 pm – 10 pm	Hong Kong Park Sports Centre

Tennis

Practice (Please register with the team/group before attending the practice session(s))

Wed 24 Jan 24	9 pm – 11 pm	Hong Kong Tennis Centre 133 Wong Nai Chung Gap Road, Wan Chai, Hong Kong
Wed 31 Jan 24	9 pm – 11 pm	Hong Kong Tennis Centre
Wed 7 Feb 24	9 pm – 11 pm	Hong Kong Tennis Centre
Wed 14 Feb 24	9 pm – 11 pm	Hong Kong Tennis Centre

Tenpin Bowling

Practice (Please register with the team/group before attending the practice session(s))

Wed 24 Jan 24	8 pm – 10 pm	South China Athletic Association 88 Caroline Hill Road, Causeway Bay, Hong Kong
Wed 31 Jan 24	8 pm – 10 pm	South China Athletic Association
Wed 7 Feb 24	8 pm – 10 pm	South China Athletic Association
Wed 21 Feb 24	8 pm – 10 pm	South China Athletic Association
Wed 28 Feb 24	8 pm – 10 pm	South China Athletic Association

Volleyball

Practice (Please register with the team/group before attending the practice session(s))

Tue 30 Jan 24	9 pm – 11 pm	West Island School 250 Victoria Road, Pok Fu Lam, Hong Kong
Tue 20 Feb 24	9 pm – 11 pm	West Island School