



LEGAL PROFESSIONAL CUP DRAGON BOAT RACE 2024
Stanley Main Beach, Hong Kong
Saturday, 13 July 2024, 2:00 - 6:00 p.m.

INFORMATION SHEET

1. Programme outline (tentative)

Time	Activity
2:00 p.m. – 2:15 p.m.	Registration
2:15 p.m. – 2:45 p.m.	Opening
2:45 p.m. – 2:55 p.m.	Preparations for Race 1
2:55 p.m. – 3:00 p.m.	Race 1
3:00 p.m. – 3:10 p.m.	Preparations for Race 2
3:10 p.m. – 3:15 p.m.	Race 2
3:15 p.m. – 3:25 p.m.	Preparations for Race 3
3:25 p.m. – 3:30 p.m.	Race 3
3:30 p.m. – 4:00 p.m.	Intermission
4:00 p.m. – 4:10 p.m.	Preparations for Race 4 (Silver Cup Final)
4:10 p.m. – 4:15 p.m.	Race 4 (Silver Cup Final)
4:15 p.m. – 4:25 p.m.	Preparations for Race 5 (Gold Cup Final)
4:25 p.m. – 4:30 p.m.	Race 5 (Gold Cup Final)
4:30 p.m. – 5:00 p.m.	Prize Presentation
5:00 p.m. – 6:00 p.m.	Shower and changing time
6:00 p.m. onwards	Post-race Celebration Party

2. Race course length and rules and regulations

The race course length will be identical to that of the Stanley International Dragon Boat Championships (the “**Tuen Ng Festival Race**”) i.e. **270m**. The competition rules and regulations will also be substantially similar to that of the Tuen Ng Festival Race, but with necessary modification, as shall be finally determined by The Law Society Dragon Boat Team. Each team shall have **14-18** paddlers, with a minimum of **8** female paddlers.



3. Registration fee

The registration fee is **HK\$6,000** per team.

4. Deadline for registration and payment

All participating teams are required to submit:

- (i) the Reply Slip; and
- (ii) a cheque of HK\$6,000 made payable to “The Law Society of Hong Kong”

to Ms Ruby Chow of the Member Services Department by **Friday, 10 May 2024**.

Email: _____

5. Post-race celebratory drinks

All participating teams are invited to join us for celebratory drinks at a designated bar located along the Stanley boardwalk, where all race participants can meet and mingle with fellow teammates and other race participants. We will provide details in due course.

6. Enquiries

Organiser: The Law Society of Hong Kong

Contact Person: Kennex Chan, Convenor of the Dragon Boat Team

Email: lawsochk.dbt@gmail.com

7. Remarks

Please note that The Law Society of Hong Kong reserves the right to alter any arrangements, or otherwise cancel the event.